

TIPS

TRANSITIONING INTO POST-SECONDARY



If you are interested in joining TIPS as a mentor or mentee,
please contact us at jjeong@cbfy.ca

Our Partners



Calgary Board
of Education



CALGARY CATHOLIC
SCHOOL DISTRICT



CALGARY
PUBLIC
LIBRARY

Our Funder



Immigration, Refugees
and Citizenship Canada

Immigration, Réfugiés
et Citoyenneté Canada



MENTORSHIP
PROGRAM



Jieun Jeong



403.966.0254



jjeong@cbfy.ca



www.cbfy.ca



MENTORSHIP
PROGRAM



www.cbfy.ca





About the Program

The Transitioning into Post-Secondary (TIPS) Program is based on a partnership between the Calgary Bridge Foundation for Youth's Mentorship Program and the Werklund School of Education's Service-Learning Program at the University of Calgary. Pre-service teachers, international students and community volunteers serve as mentors for newcomer youth by providing support, resources and information to newcomer youth as they transition into post-secondary education or training.

The purpose of this program is to provide newcomer youth with the information and support necessary to make a successful transition into post-secondary studies, while providing student mentors the opportunity to gain hands-on experience working with diverse youth.

TIPS Program Components

WHO

- Each match is comprised of 2 mentors (education students, international students or volunteers) and 1 or 2 newcomer youth

WHAT

- Mentors provide newcomer youth mentees with support, information and resources to assist in their transition to post-secondary education or training

WHERE

- Convenient library locations
- U of C campus
- Other Calgary post-secondary institutions

WHEN

- 2 orientation sessions
- 10 week meeting period, once a week for 1.5 hours (Fall or Winter)
- 1 group activity
- 1 closure session



"Developing a relationship with individual mentees allowed me to develop a deeper understanding of the unique challenges faced by immigrant youth, from academic challenges to financial considerations."

- TIPS Mentor, Winter 2017

"Having a mentor helped me because they shared their personal experience of post-secondary and gave advice, and helped me to be more confident."

- TIPS Mentee, Winter 2017

Topics Covered

The following are meeting topics covered by mentors during the once-a-week match meetings:

- Career planning and interests
- Application process
- Financing your education
- Student support services
- Academic support
- Clubs and extra-curricular activities
- Alternative learning options
- Tech and research
- Life in post-secondary